

■ CONSUMPTION & RECYCLING ■

Collective guidelines for protecting resources, controlling expenses and respecting the environment.

1. Water consumption

Fresh water is an increasingly scarce resource. Although the price of a cubic metre of consumed and treated water is significant, it remains well below its **actual environmental cost**.

The following recommendations must therefore be applied individually whenever circumstances allow:

- **Prefer showers to baths.**
- Limit individual showers to **3 to 4 times per week maximum**, whenever possible and according to each person's needs.
- Check that taps are properly closed.
- Immediately report any **dripping tap, water-network leak or equipment malfunction**.
- Avoid letting water run unnecessarily when washing, brushing teeth or carrying out any other activity.

Excessive consumption may have ecological and dermatological consequences.

2. Electricity consumption

Although electricity supply in France is generally reliable and of good quality, its financial cost for our sites remains significant. The following instructions must be followed to optimise electricity consumption and reduce the risk of a high financial adjustment.

IT and television equipment

- IT and television equipment must be **completely switched off when no longer in use**.
- Use the power strip switch, unplug equipment manually or switch it off completely rather than leaving it on standby.

Heating

- The temperature must be set to **18°C maximum in bedrooms**.
- The temperature must be set to **20°C maximum in common areas**.
- **Bedrooms:** heating should be switched on at the beginning of the evening and switched off in the morning.
- **Common areas:** heating should be used during the day and switched off in the evening whenever conditions allow.
- Windows and doors should remain closed when the heating is operating.

Refrigerators and freezers

- Check that refrigerator and freezer doors are properly closed.
- Report any issue involving seals, door closure or appliance operation.

Leisure equipment

- Leisure equipment such as **hot tubs, arcade games and other electrical installations** must be used responsibly and at a reasonable frequency.
- Ensure that equipment is switched off after use, in accordance with site instructions.

3. Recycling and household waste

- Ensure the **proper separation of recyclable waste and household waste**.
- Follow the sorting instructions applicable at each site.
- Place each type of waste in the appropriate container or bin.
- Do not mix recyclable waste with household waste.
- Report any issue concerning the filling, cleanliness or use of containers.

■ COLLECTIVE COMMITMENT ■

Every action matters. Managing our water and electricity consumption, together with respecting waste-sorting instructions, helps protect the environment, control expenses and ensure the proper operation of the Associative League's sites.

Internal information and awareness document — To be displayed and respected at the Associative League's sites.